

EDESIA '23 INTER-COLLEGIATE FEST REPORT

The Department of Food Science and Technology, in association with 'Food Miles', hosted their highly anticipated inter-collegiate fest on 11th November 2023 at the PG Block to celebrate the grand occasion of 'World Food Day'. This fest was a huge feat for the department with an overwhelming participation by the students within the university and from outside colleges as well. The fest executed a fun filled-educative food fest with about 3 food stalls and 2 games around the PG block quadrangle and five events/competitions hosted by the department. The fest was officially instated on 3rd November by a team of 1st and 2nd years of the department by attracting the students of the university with a flash mob that garnered further attention on to the fest.

The event started at 12 noon wherein all the stalls were set up by then. There were a total of five stalls set up in the block. The entry to the PG block was welcomed with the '**Food Ring**' game. This stall was popular among the students and teachers wherein they could try their luck in throwing rings at winning various food items. Over 50 people came to try their chances at winning.

Following this stall was the '**Shots in your mouth**' game stall by Jenifer Dsouza and Ayushi of second year FST. This stall was all about rolling chocolate shots in the opposite person's mouth. Each pair had three chances enrolling the shots. It was a fun game where in pair 40 people and more came to try their luck at the winning and to enjoy.

Adjacent to these two stalls was '**Kara**'- a handmade jewelry store. Every successful business starts with a small step. And such initiative was shown by Taarika Shankar of first year FST, who took a small step by putting up a store as a part of our fest. Kara- the store was put up, where many handmade items like fabric and beaded jewellery, bags, pouches, charms along with baked goodies like cupcakes and cookies were kept for sale. The baked goodies were mouth watering and delicious whereas the jewellery collection was extraordinary. Overall the stall was definitely a great hit among the students and faculty.

Next to Kara was the stall '**Wholesome Witches**'- a food stall put up by Karen D'Souza and Abhishek of first year FST. The stall sold two different varieties of soups, a French onion soup and an Italian tomato soup along with grilled cheese sandwich. Both the variants were delicious and had over 20 people visit their stall.

In the quadrangle was another food stall '**Chat-a-pat**' which was basically a chaats stall put up by Mahima and Micheal of second year. They sold variety of chaats such as panipuri, dahi puri, masala puri etc. There was an overwhelming crowd due to the popularity of these snacks among youngsters as well as the faculty due to its price and taste. Over 150 people and more visited the stall to enjoy these great flavours all through the day.

The event with the most number of participants was the "**Goal Diggers**" – a Treasure Hunt event with a whopping 40 members grouped into teams of 4. Each team had to decode the clues and make their way towards the final goal. The team which found the treasure first was crowned as the winner. All of the teams were extremely excited and were quick in analyzing the clues and they made it until the end, but the team that bagged the first place was Culinary Crusaders - the members of the team were K N Lekha, Rufina Antony S, Sandeep L, and Ramachandran G. The team that missed the first placed in a matter of minutes and took the second place was Dangerous Dumplings, and the members in the team

were Mitesh R Morellu, Poojita L V, Ruthu Sanjana, and Carol A Soren. Both the teams were from SJU. The event was organized interestingly by Jennifer Elizabeth John, Jayashree, Hari Ramanan, Don Joseph, Shivani and Suzana.

The next event with a major crowd was **“Feast of Thrones”** renamed to Quizine – Food quiz competition with a participant list of 7 teams, with 6 teams in pairs and 1 individual participant. There were 6 rounds - In the first round ‘Foodie Flicks’ participants had to figure out missing foods from various movies. The second round, ‘Brand Bites’ challenged them to identify various logos & slogans. In the third round ‘Food Fame’ the participants had to guess celebrity food puns. The fourth round ‘Country Cuisines’ was about connecting countries with their distinctive cuisines and the fifth round, ‘Tasty Treat’ was about interesting food facts. In the final round ‘Sensory Solving’ the participants had to identify spices and differentiate between similar food products of different brands. The entire event was very well planned in an engaging, and creative manner by Nivedita Prabhu, Suchitra Ramanathan, Kavya R, Neha, Nikhil and Samantha. The winners of the event were Medha B.V & Henry Punnoose and second prize was awarded to Devaraj & Shivani, both the teams were from SJU.

Unique, colorful and flavorful dishes were prepared by the teams who took part in **“Fireless Flavours”** – The Cooking without Fire competition. The time limit to create their winning dish was 1 hour, and 15 minutes was allotted for plating and presenting the dish. The dishes were judged by Dr Vanitha N M. The dish made by Karis Delora D’mello & Rishika Chinta was called Mann mein foota malai won the first prize. Cheytana V & Shrankanya Satish made roasted almond chocolate fudge and magic masala lays sandwich and won the second prize. Both the teams were from SJU. Priyanka, Abhina. Alandra, Bharthe, Anthony and Keziya ensured the entire competition ran smoothly.

The competition **“Food Myth”** – Food Debate was engaging and nerve racking as the team members delivered highly intellectual points. The topic for the debate was ‘Are canned fruits and vegetables better than fresh fruits and vegetables?’ Each team was allotted 6 minutes, with 2.5 minutes for each member in the team, and the round ended with a 1 minute Q&A. The event was judged by Dr Mohan Raj and the winners were Vandhana Lopez from SJU and Kausar from M.S Ramaiah University. The event was organized by Janaki Raman K, Aalap V V, Divya, Nirthika and Sandra.

An online event called the **“Sweet Delights Reel Off”** – Food Reels was conducted. The participants had to create a captivating food reel featuring their traditional sweet treats, and upload it in the mentioned competition platform. They were judged on creativity, presentation, originality and video graphics by Ms Anugraha Lalu. The first prize was won by Suyash Shukla and the second prize was won by Hizana Khathoom. Both the winners were from SJU. The event was monitored and organized by Gouri, Mariya, Merlin, Anusha, Mahalakshmi and Shirley.

The stalls were concluded At around 3:30 PM and a valedictory ceremony was held around 4:00 PM where the winners of the competitions were awarded with their medals and certificates. The function was MC’d by Ms. Ranga Aparna, Secretary Food Miles Association.

The official ceremony commenced with an introduction about the event by the MC followed by a prayer song by Ms. Suchitra of second year FST and then the welcoming of the gathering by Ms. Nikita Saji, President Food Miles Association, Dr. Anupriya Mazumder, assistant professor and coordinator of Food Miles Association and Dr. Vanitha NM, PG coordinator, department of food science and technology.

The ceremony was then continued with the awarding of the winners of the events held, gifting of momentos to the assistant professors of the department for their valuable work, support and guidance throughout the fest, followed by the vote of thanks by Ms. Adeline of second year FST through which the event was concluded. Overall this event was a grand success which was possible through the team effort put in by the students and staff till the very end.

For the Images of the EDESIA'23, kindly refer to the Photo Gallery: <https://www.sju.edu.in/gallery/67>